TANITA
Healthy Habits for Happiness



A guide to our **travel scales**

Travel
with TANITA



Portable Solutions for Health-Conscious Travelers

Travel is surging across Europe and the UK, with international visitors exceeding pre-pandemic levels and millions traveling for work or leisure. At the same time, health awareness is growing, fueling demand for portable tools that support wellness on the go. The global market for **portable health devices** is projected to **grow nearly 10% annually**, reflecting consumers' desire to maintain their routines wherever they are.

Our range of portable weight and body composition scales is designed to meet this need, offering **lightweight, compact, and reliable** solutions that fit seamlessly into the lifestyle of today's health-conscious traveler.

This guide provides an overview of our travel-friendly products, equipping you with the tools needed to meet the needs of this growing market. Whether your customers are frequent flyers, active vacationers, or busy professionals, these scales are designed to help your customers stay on track with their health goals, **no matter the destination**.

NEW







HD-386

Smallest personal scale in the world

TANITA HD-386 is the smallest and most compact scale in the world, yet very stable and suitable for weight up to 150kg.

Weighing just 500 grams, the HD-386 scale is the world's smallest travel-friendly scale, designed for ultimate portability. Its compact size ensures it takes up minimal space, making it perfect for on-the-go use. The scale comes with a soft protective cover to shield it from damage while traveling. Its small size allows it to fit effortlessly, in areas such as small rooms or apartments, where every inch of space counts.

- Weight of product: 0.5kg
- Weight accuracy of 100 grams
- Max capacity 150 kg / 23st 8lbs

Colors



MY TANITA



BC-401

Travel size body composition monitor

This compact, stylish travel-sized body composition monitor is designed for individuals who want to stay on top of their health even while on the move.

The BC-401 provides highly accurate measurements of body fat percentage, muscle mass, water percentage, metabolic age, and more all from a portable, easy-to-use device. Its sleek, lightweight design makes it ideal for frequent travellers, fitness enthusiasts, and busy professionals who need health insights on the go as well as at home.

- Connected to My TANITA app
- 3 year warranty
- Up to 150kg / 23st 8lbs

Colors









BC-730

Stay in shape, no matter the destination.

Compact, lightweight body analysis scale available in the cheerful colors white, green and pink, plus black available from July 2025. Easy to take with you, so you can stay in shape anytime, anywhere.

Working on your health while on vacation as well? The TANITA BC-730 makes this easy. This compact and lightweight - just 905 grams including batteries - scale can be taken anywhere!

The BC-730 may be small, but just like the other body composition scales of TANITA, it has the most innovative and reliable Japanese technology. For a very affordable price, the BC-730 is a very advanced scale.

- Compact and lightweight
- 3 year warranty
- Up to 150 kg / 23st 8lbs

Colors

*BC-730 black available from July 2025

Travel scales
Comparison table



HD-386



BC-401



BC-730

		HD-386	BC-401	BC-730
	Warranty	3 years	3 years	3 years
Measurements	Weight (kg)	✓	✓	✓
	Body Fat (%)	-	✓	✓
	Muscle Mass (kg)	-	✓	-
	Bone Mass (kg)	-	✓	✓
	Body Mass Index (BMI)	-	✓	✓
	Muscle Quality	-	-	-
	Visceral Fat	-	✓	✓
	Total Body Water (TBW)	-	✓	✓
	Basal Metabolic Rate (BMR)	-	✓	✓
	Daily Calorie Intake (DCI) kcal	-	-	-
	Metabolic Age	-	✓	✓
	Physique Rating	-	✓	✓
	Body Fat & Muscle Mass Per Segment	-	-	-
	Connectivity	-	Bluetooth 4.0, My TANITA app	-
	Ages	All ages	18+	18+
	Number of Frequencies	-	Dual	Dual
	Maximal Weight Capacity	150 kg / 23st 8lbs	150 kg / 23st 8lbs	150 kg / 23st 8lbs
	Accuracy	100 g / 0.2 lbs	100 g / 0.2 lbs	100 g / 0.2 lbs
	Athlete Mode	-	✓	✓
	Guest Mode	-	✓	✓
	User Memory	-	5 persons Auto recognition & recall function	5 persons Auto recognition & recall function
	Weight of Product	0.5 kg / 1.1 lb	1.9 kg / 4.2 lb	1.2 kg / 2.6 lb
	Size of Product	190 x 135 x 24 mm	217 x 316 x 27 mm	260 x 216 x 33 mm
	Material	Glass	Glass	Plastic
	USP	Smallest personal scale in the world	Value for money	Ultra lightweight

*BC-730 black available from July 2025

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