

TANITA

Healthy Habits for Happiness

RD-545HR

Smart segmental body composition scale with professional BIA technology

The TANITA RD-545HR is the most advanced among body composition scales. Why? Because it has made the technology used by professionals (dietitians or personal trainers) accessible to everyone! This segmental body composition scale provides comprehensive measurements of medical precision, for both arms, both legs and torso separately.

RD-545HR unique measurements: muscle quality and heart rate. No other body composition scale features these measurements. So you can get to know your own body really well and set yourself targeted goals to get the best out of you.

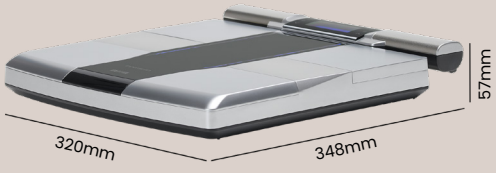


Key Features

- **Highly accurate** through dual frequency segmental reactance/resistance technology
- **More than 20** body composition measurements
- **50 gram graduation**
- **Integrated** Bluetooth technology
- **Connected** through **free My TANITA App** for Android and iPhone
- **4 Memories** and color coded indicators
- **Recognition mode**, just step on
- **5 years** warranty

Measurements

- Weight
- Body Fat (%)
- Segmental Body Fat (%)
- Muscle Mass (kg)
- Segmental muscle mass (kg)
- Segmental muscle quality
- Muscle quality score
- Visceral Fat
- Total Body Water (TBW %)
- Basal Metabolic Rate (BMR) kcal
- Metabolic Age
- Physique Rating
- Bone Mass (kg)
- Body Mass Index (BMI)
- Heart Rate
- Measurements for children



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MY TANITA

www.tanita.co.uk