

TANITA

Healthy Habits for Happiness

A guide to our bathroom scales

HD-380

Who says a scale just has to be practical?

TANITA HD-380 is a simple and straightforward digital scale. With its slim, all-glass design, it is a stylish addition to any bathroom. The scale is available in black and white.

The tap-on activation makes the HD-380 very easy to use. You simply tap the scale with your toe to activate it. You then easily read your body weight on the 30mm LCD screen.

The HD-380 is as stylish as it is reliable. The Japanese quality ensures that we can confidently offer a 3-year warranty, which you likely won't need.

- Max capacity 150 kg / 23st 8lbs
- Weight accuracy of 100 grams
- All-glass design





HD-382

**TANITA HD-382 is a simple but easy to read scale.
Rely on premium Japanese quality.**

TANITA HD-382 is made of glass and has an extra-large display with blue LCD backlighting that clearly displays the weight. Thanks to its ultra-thin design, the HD-382 is easy to store in the bathroom or bedroom.

Operating the scale is also very easy. You simply touch the screen to activate the scale. With the HD-382, you'll enjoy Japanese quality!

- Clear, backlit display
- Weight accuracy of 100 grams
- Max capacity 150 kg / 23st 8lbs

HD-395

For regular use for many years.

The solid TANITA HD-395 is a durable digital personal scale. The robust design ensures that this scale will last for years. Experience ease and comfort with the sturdy and extra large platform with a weighing capacity up to 150 kg. With the help of the handy LED display the values are easy to read, even in darker rooms.

This personal scale is suitable for everyone, including the little ones, who can still be a bit careless sometimes. Fortunately, the TANITA HD-395 can withstand this. The reliable Japanese quality ensures our long warranty period of up to 3 years.

- Weight accuracy of 100 grams
- Max capacity 150 kg / 23st 8lbs
- Large LCD screen





AVAILABLE FROM JANUARY 2025

HD-386

TANITA HD-386 is the smallest and most compact scale in the world.

Weighing only 500 grams, this scale is ideal for travel. Each HD-386 scale comes with a soft protective cover, keeping the scale optimally protected.

Due to its small size this scale can also be easily stored at home. Useful for smaller rooms or apartments with limited space.

- Weight of product: 0.5kg
- Weight accuracy of 100 grams
- Max capacity 150 kg / 23st 8lbs

Bathroom scales
Comparison table



HD-380



HD-382



HD-395



HD-386

	HD-380	HD-382	HD-395	HD-386
Warranty	3 years	3 years	3 years	3 years
Color	White	Black	White	Black and white
Weight (kg)	✓	✓	✓	✓
Maximal Weight Capacity	150 kg / 23 st 8 lbs	150 kg / 23 st 8 lbs	150 kg / 23 st 8 lbs	150 kg / 23 st 8 lbs
Accuracy	100 g / 0.2 lbs	100 g / 0.2 lbs	100 g / 0.2 lbs	100 g / 0.2 lbs
Display	65mm (W) x 33mm (L)	95mm (W) x 56mm (L), LCD display with blue backlight	72mm (W) x 50mm (L)	95 mm (W) x 57 mm (L)
Weight of Product	1.7 kg	1.7 kg	1.1 kg	0.5 kg
Size of Product	320 x 300 x 22 mm	320 x 300 x 24 mm	278 x 279 x 34 mm	190 x 135 x 24 mm
Material	Glass	Glass	Plastic	Glass
Activation	Tap on activation	Tap on activation	Step on activation	Step on activation
Battery	1 x CR2032	2 x AAA battery	4 x AAA battery	1 x CR2032
USP	Stylish and practical	Digital scale with blue backlight	Digital scale with large LCD screen	Smallest personal scale in the world

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